

English Proficiency Test (EPT)

Model Test : 1

Time : 30 Minutes

Full Marks : 50

Question Code: A

Name:

Reference Number:

College Name:

Cell:

ORGANIZED BY

INDIAN CENTER FOR ADVANCEMENT OF RESAEARCH & EDUCATION (ICARE), DHAKA. CELL: +8801711957879

Exclusive EPT Model Test

Time- 30 Minutes

Full Marks: 50

Read the following text and answer question no 1 & 2:

Like their ancient toga-wearing counterparts, modern philosophers continue to disagree on the nature of freewill. Do we really have any control over the choices we make and the things we desire, and if so, to what degree?

Theories of freewill vary, but the ancient words of Plato still line up with our modern perceptions of temptation and willpower. The revered Greek philosopher argued that the human experience is one of constant struggle between the intellect and the body, between rationality and desire. Along these lines, true freedom is only achievable when willpower unchains us from bodily, emotional, instinctual slavery.

You can find similar sentiments throughout world religions, most of which offer a particular and often difficult path to rise above our darker natures.

And science? Well, science mostly agrees with all of this. Willpower is all about overcoming your natural impulses to eat cupcakes, skip your morning workout, flirt with the waiter, hit the snooze alarm and check your e-mail during a funeral.

Your willpower, however, is limited. If life were a video game, you'd see a glowing "willpower" or "ego" meter at the top of the screen next to your "life" meter. Successfully resist one temptation, and the meter depletes a little. The next temptation depletes the "willpower" meter even more, until there's nothing left at all.

Our modern scientific understanding of willpower in large part stems from a 1996 research experiment involving chocolate and radishes. Psychologist Roy Baumeister led a study in which 67 test subjects were presented with tempting chocolate chip cookies and other chocolate-flavored treats before a persistence-testing puzzle. Here's the catch: The researchers asked some of the participants to abstain from sweets and snack on radishes instead.

ORGANIZED BY

INDIAN CENTER FOR ADVANCEMENT OF RESEARCH & EDUCATION (ICARE), DHAKA. CELL: +8801711957879

Baumeister's results told a fascinating story. The test subjects who resisted the sweet stuff in favor of radishes performed poorly on the persistence test. They simply didn't have the willpower left to resist slacking off.

The resulting paper, "Ego Depletion: Is the Active Self a Limited Resource?" inspired more than a thousand additional studies discussing everything from the influence of positive messages to the ego-sapping power of daily decisions

Studies also show that cognitive capacity also affects our ability to hold out against temptation. Cognitive capacity is essentially your working memory, which you employ when resisting a temptation ... or holding a string of numbers in your head. A 1999 study from the University of Iowa professor Baba Shiv found that people tasked with remembering a two-digit number held out better than people remembering a seven-digit number when tempted with chocolate cake.

1. Choose the best answer

A. What do you understand by 'freewill'?

1*5=5

- I. The choices we make and the things we desire
- II. The choices that philosophers force us to make
- III. Our perception of temptation
- IV. Our ego

B. According to Plato, when is true freedom available?

- I. When there is a struggle between the intellect and the body
- II. When our willpower helps us to overcome our base instincts
- III. When we desire that which we cannot achieve
- IV. When we have no control over our ego

C. In the second paragraph, what does the expression 'line up' signify?

- I. Align with
- II. disagree with
- III. Differ from
- IV. In discussion with

D. What is meant by ‘cognitive capacity’?

- I. Willpower
- II. Our ego
- III. Our ability to overcome temptation
- IV. The desire to give in to temptation

E. From the RC given above, find a synonym for ‘respected’

- I. Cognitive
- II. Temptation
- III. Desire
- IV. Revered

2. Tick the correct reordered option.

1*5=5

- (a) And science?
 - (b) You can find similar sentiments throughout world religions.
 - (c) Well, science mostly agrees with all of this.
 - (d) Most of which offer a particular and often difficult path to rise above our darker nature.
- (i) a, b, c, d (ii) d, c, b, a (iii) b, d, a, c (iv) c, b, a, d

3. Put suitable preposition in the blanks.

1*5=5

- a. A nurse attends the patient.
- b. Man must yield fate.
- c. Nita has zestmusic.
- d. Man wisheshappiness.
- e. He is awarethe fact.

4. Complete the sentences with conditionals.

1*5=5

- a. , you will fail.
- b. If I saw him,
- c. I would have come if
- d. If I were a bird,
- e. If you come,

5. Change the voice.

2*5=10

- a. She looks after the orphans.

- b. I know the boy.

- c. Who will help you?

- d. Do it.

- e. Let me do this

6. Use appropriate question tag.

1*5=5

- a. Dirty water is not safe,?
- b. Students must work hard,?
- c. Sumi went to school,?
- d. Selim does not like his job,?
- e. It's cold,?

7. Make sentence with following idioms and phrases.

2*5=10

- a. A lot-
- b. Bear fruit-
- c. Catch a tarter-
- d. Take to one's heels-
- e. Three R's-

8. One word substitutions.

1*5=5

- a. A den for small animals-
- b. A strong dislike-
- c. Government by the few-
- d. Person who believes that God is everything and everything is God-
- e. To bite like a rat-